

Health and Wellbeing Board

Date of Board Meeting	28 May 2026
Title of Report or Presentation	Men's Health National Strategy 2025-2035
Executive Summary Section	
1. The report summarises the publication of the National Men's Health Strategy (2025) outlining the key priority areas of focus and specific action to be taken. The strategy highlights the main health condition such as cardiovascular disease and cancer that affect the ill health and premature death of men, alongside the leading cause of death in under 50 year olds as suicide. The approach to address such priorities needs to adopt a preventative approach, using data, intelligence, and outcomes focused. 2. Placed based and community outreach methodologies should also be adopted to drive forward work within target high risk groups of men and those within deprived wards and communities. 3. In South Tyneside, preventable deaths in men are significantly higher than the national and regional rates. Alcohol is a leading cause, along with cancer and heart disease of these deaths. 4. The report provides the Board with some areas to consider acting and to respond to the strategy and its vision in our local context with several recommendations for consideration.	

Health and Wellbeing Board Action Request		
[Double click on box]	Type	Reasoning
☐	Decision Needed	If a decision is needed or additional funding is sought, please indicate whether a funding stream has been identified:
X	Endorsement Needed	If an endorsement of a way forward is needed, please provide details: The Board are asked to agree the following recommendations: - a.To agree to commit to a Men's Health Strategy Action Plan - b.To adopt a prevention and early intervention approach which is data and evidence driven - c.To target those men and boys in high-risk groups and priority ward areas - d.To utilise outreach, community engagement and co-produced services and pathways to positively engage men and boys - e.To establish a multi-agency Men's health steering group
☒	Information Sharing Only	

Health and Wellbeing Board Theme

[Double click on box]	Outcome
X	Giving Every Child and Young Person the Best Start
X	Financial Security to Lead Healthy, Fulfilling Lives
X	Safe and Healthy Places to Live, Learn, and Work
X	Good Mental Well-Being and Social Connectivity Across the Life Course
X	Fair Delivery of Service
X	Public Involvement and Community Engagement

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